



Link to register:

https://us02web.zoom.us/webinar/register/WN_3G1E-ZuYQ50qKu7SJP6_8Q



GCA
ACADEMY™

WEBINAR

Patient Satisfaction Following Mastopexy

Mr Ross Weale

Live translated subtitles in all languages

February 23rd, 2026

Barcelona: 17:00h | London: 16:00h | São Paulo: 13:00h

Bogotá: 11:00h | Buenos Aires: 13:00h

Mexico City: 10:00h | Dubai: 20:00h



Language:
English

Patient Satisfaction Following Mastopexy



Dear GCA Academy™ Members,

We are delighted to invite you to an exclusive educational webinar led by Mr Ross Weale, Specialty Registrar in Plastic and Reconstructive Surgery at the Welsh Centre for Burns and Plastic Surgery, United Kingdom. In this session, Mr Weale will present the key findings from his published systematic review and meta-analysis examining patient satisfaction and quality of life following mastopexy surgery, using the validated patient-reported outcome measures (PROMs), BREAST-Q.

The webinar will provide a comprehensive and practical overview of patient satisfaction outcomes across a broad range of mastopexy techniques, including mastopexy alone, augmentation mastopexy, auto-augmentation, adjunctive lipofilling, and explantation procedures. Attendees will gain valuable insight into how these techniques impact breast satisfaction, psychosocial wellbeing and physical wellbeing. Mr Weale will also highlight key gaps in the current literature, emphasizing the importance of standardized PROM reporting, appropriate follow-up intervals, and evidence-based patient counselling. Real-world implications for surgical decision-making, expectation management, and outcome optimisation will be explored.

This webinar offers a unique opportunity to enhance your understanding of what truly matters to patients following mastopexy, informed by five decades of published evidence. Join us to gain actionable, evidence-driven insights that can help refine technique selection, improve patient communication, and ultimately deliver higher-quality aesthetic outcomes.

Secure your spot now to benefit from Mr. Weale's in-depth knowledge.

Ross Weale FRCS (Plast) MRCS MBBS BSc

Plastic and Reconstructive Surgery Resident

Mr Weale is a senior plastic surgery resident, having recently completed his FRCS (Plast) examination. His subspecialty interests include microsurgical breast reconstruction, aesthetic breast surgeries, and general microsurgical reconstruction. After undertaking his undergraduate degree in University College London, he has worked in a variety of units across the United Kingdom, including Manchester, London, and currently, the Welsh Centre for Burns and Plastic Surgery. He has also prior surgical exposure in other nations, including Amsterdam, South Africa, and the USA. He has developed a portfolio of 40 research papers over his career so far. He is also a keen teacher, having written two books.

Of note recently, Mr Weale has developed an algorithmic approach to the high nipple-areolar complex in both aesthetic and reconstructive breast surgeries, publishing his work in Aesthetic Plastic Surgery last year. Additionally, he has published in PRS, documenting the inception of the super-microsurgery service for lymphoedema in Wales. He is due to undertake his fellowship this coming summer in Norfolk and Norwich University Hospitals, with a focus on microsurgical breast reconstruction.



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